<u>Administration Office:</u> Healesville Community Link, 110 River Street, Healesville



Training Rooms: 1 Badger Creek Road, Healesville



Office Hours

Healesville Community Link 110 River St, Healesville

Monday - Thursday

9.00am - 4.00pm

Friday - Closed

1 Badger Creek Road Site Office

Tues - 1pm to 4pm

Thurs - 9am - 1pm

We are aiming to open site office 5 days a week

(03) 5962 5982

Admin: Healesville Community Link 110 River St, Healesville 3777

Training Rooms:

1 Badger Creek Road, Healesville 3777

@ reception@hllc.org.au

www.hllc.org.au

www.facebook.com/HealesvilleLearningCentre

Healesville Living & Learning Centre





5962 5982

What's on In Term 3 2025

21st July 2025 to 19th September 2025









Language and Literacy

Journalling - Clear your Head!

Taking Expressions of Interest for Term 4

Open to everyone - is simply writing in a journal your thoughts and feelings to try and understand them more clearly. If you struggle with stress, depression or any mental health issues join us.

No pressure to share what you have written.

A daily gratitude is made to show appreciation for the things in our lives that are meaningful or important to us. It can go a long way towards supporting mental health and generating a feeling of positivity.

Benefits of Journalling can include:

- Improves Mental Health
- Inspires Creativity
- · Allows for Self-Reflection
- Enhances Memory
- Boosts Writing Ability
- Helps Goal Achievement

Fees: \$50 annual fee for concession card holders \$90 per term

Language and Literacy

Discover and Write Your Story

Taking Expressions of Interest for Term 4

Whether it's unearthing long-forgotten memories for a memoir, spinning magic from the mundane in poetry, or building entire worlds for a novel, there's something deeply empowering about putting pen to paper (or fingers to keyboard).

Judy offers support for you achieve your goals This program that nurtures both the craft of writing and the soul. Everyone has to opportunity to brainstorm ideas, polish your prose, or just cheer you on when the words aren't flowing.



Fees: \$50 annual fee for concession card holders only or \$90 per term

Bookings essential via our website or email reception@hllc.org.au









About Us

Healesville Living and Learning is a welcoming space where everyone is invited to feel a sense of belonging.

It's a place to connect with others, grow in confidence, and build new skills in a supportive environment. Through a wide range of social, educational, recreational, and support activities, we bring people together to learn, share, and contribute to their local community.

Got an idea for an activity you'd love to see at Healesville Living and Learning? Come have a chat with us—we're always open to new suggestions and would love to work together to bring your idea to life.

Healesville Living and Learning is:

- a safe and welcoming space for everyone to enjoy
- offering a range of programs including
 - a. adult education/skills development programs,
 - b. hobby & leisure programs,
 - c. mental health activities to improve how you feel
 - d. exercise classes.
 - e. social and self-development groups for people living in our community.

Our programs offer opportunities for everyone to engage, enjoy, learn to develop new interests and skills.

Terms & Conditions

Commencement of Programs

- All programs are subject to minimum and maximum participant numbers.
- If a program is cancelled due to insufficient enrolments, a full refund will be issued - either via bank transfer or credited to your credit card.

Cancellations

- If a program is cancelled or postponed by Healesville Living and Learning, you'll receive a full refund or credit.
- If you need to withdraw, refunds are available when written notice is provided at least five business days before the program starts. Please note, a \$15.00 administration fee applies.
- Once a program has commenced, refunds are not available.
- All refunds will be processed via bank transfer or returned to your credit card. In the event of a trainer's illness, a make-up session will be arranged. Unfortunately, we are unable to offer refunds for missed sessions.

Fees

• All programs require a minimum number of learners to run, and maximum numbers also apply. If a program is cancelled due to insufficient enrolments, any fees paid will be refunded in full-either by bank transfer or to your credit card.

Community Service

Community Hair Cuts

Centrelink Concession Card Holders ONLY

New service - **Community Hair Cuts** offered only to centrelink concession card holders.

By appointment only, Bookings are absolutely essential

A qualified hairdresser onsite at 1 Badger Creek Road, Healesville in Room 7

Mondays -- 10.00am and 2.00pm



Choose from these Services:

1. \$15 - Short Hair Cuts

2. **\$20 - Long Hair Cuts**

3. **\$10 - Hair Wash & Conditioner**

4. **\$10 - Blow Wave**

5. **\$5 - Dry Off**

For Women and Men

Phone 5962 5982

Book your appointment now - must show your centrelink card

Skills Development

Women's Shed

• Wednesday - 9:30am - 12.30pm

• Wednesday - 1:30pm - 4:30pm

• Thursday - 9:30am - 12.30pm

• Saturday - 10:00am - 1:00pm

Starting: Week beginning 21st July 2025

Fees:

\$50 annual fee for concession card holders or \$90 per term

There's something really special about creating something tangible with your own two hands, especially in a supportive, women-led environment.

Whether you are upcycling a piece of furniture or sketching your first design to choosing the perfect piece of timber and mastering the hum of the power saw - it's more than just carpentry. It's storytelling through craftsmanship.

Anything is possible.

Skills Development

Upcycled Clothing

Start: Friday 25th July - 19th Sept 2025

Time: 9.30am - 12.30pm

Fees: \$50 concession or \$90 per term

Dive into a creative, hands-on experience where fashion meets sustainability. This upcycling program invites you to transform old or preloved garments into fresh, unique pieces.

Whether you select items from an Op Shop or bring something from home that needs new life, you'll learn how to cut, sew, embellish, and reimagine fabrics into entirely new creations. The end result? A stylish, one-of-a-kind garment that reflects your creativity while reducing waste.

Remember:

Re-Use --- Repair --- Upcycle









Digital Technology

Basic Computers for Beginners



Essential Digital Skills - Learn at Your Own Pace

Thursday --- 10:30am - 1.30pm

Starting: 31st July - 18th September 2025

Want to get more confident with everyday tech?

In this hands-on class, you'll learn how to personalise your home screen, create and organise folders, and manage files with ease. You'll also gain practical email skills - sending, replying, attaching files, and understanding CC and BCC features.

Explore the internet safely by learning how to search effectively, build a favourites list, clear your history, and understand the difference between browsers and search engines.

Bring your own device or laptop - we do have some laptops available - just bring your curiosity!

Fees: \$50 annual fee for concession card holders only or \$90 per term

Digital Technology

Over 55s Digital Devices



Tech-Confidence for Over 55s – Learn & Connect

Friday --- 9:30am - 12.30pm

Starting: 25th July - 19th September 2025

This seniors-only group is designed to help you feel more confident using your own device - whether it's a mobile phone, tablet, iPad or laptop. Learn at your own pace in a relaxed, supportive environment.

We'll cover everyday essentials like sending and receiving texts, taking and sharing photos, and a variety of other practical tasks to make your device work for you.

Lots of hands-on activities and guidance—perfect for building digital confidence!

Fees: \$50 annual fee for concession card holders only or \$90 per term

<u>Please Note:</u> minimum enrolment numbers apply and will vary across all programs and workshops.

The Centre reserves the right to cancel a program or workshop should the minimum enrolment numbers not be met.

If a class or workshop is cancelled, a full refund will be issued.

Bookings essential via our website or email reception@hllc.org.au

Accredited Training to run in Healesville

Learn Locally for In-Demand Jobs

Hybrid study with **\$0 TUITION FEES***

*For citizens and permanent residents only





CHC30121

Certificate III in Early Childhood Education & Care

Classes: Online 2 days per week and face-to-face 1 day per month

Location: Healesville

Info session date:

Thursday 24 July, 10am via Zoom

CHC33021

Certificate III in Individual Support (Ageing & Disability)

Classes: Online 2 days per week and some face-to-face classes

Location: Healesville

Info session date:

Monday 28 July, 10am via Zoom

Join our FREE info session!

Call 9842 6726 or email info@pineslearning.com.au

See all course information at pineslearning.com.au/qualification



Pines Learning

RTO Number 3774

Preparing For Study - *Taking Expressions of Interest*

This program is suitable for all abilities, and provided to assist learners enrolled into an accredited program. Through practical exercises and trainer guidance, learners will gain confidence and tools to successfully navigate the assessment and assignment tasks they have to completed for the successful completion of their accredited training.

Bookings essential via our website or email reception@hllc.org.au

Support Just for Carers

Healesville Carer Activities

Monthly Workshops

- 31st July Morning 10.30am 12.30pm
- 28th August Afternoon 12.30pm 2.30pm
- 25th Sept Evening 5.30pm 7.30pm



Support, Self-Care & Connection for Local Carers

Are you caring for someone with disability, mental illness, or age-related needs?

Join us on the third Thursday of every month for a relaxing and informative afternoon just for carers. Sessions alternate between calming self-care activities - like meditation and creative journalling - and guest talks from a range of local organisations.

☆☆☆ <u>Upcoming Sessions</u> ★★★★

31st July – Essential Oils session with our guest speaker
 28th August – Guest talk on self care, supporting carer's mental health
 25th September - Hand and scalp massages

It's a great chance to unwind, learn, and connect with others who understand. Bookings are essential via our website or contact the office.

Support Just for Carers

Healesville Pathway Walk for Carers Step into Support – Pathway Walk for Carers

Every 4th Wednesday of the month

16th July -- 20th August --- 17th September

When: 9.45am - 11.30am

Are you caring for someone with a disability, mental illness, or an elderly parent, child, grandchildren or loved ones?

Join our free Pathway Walk for Carers - a gentle group walk that begins at Beechworth Bakery.

It's a chance to connect with fellow carers, enjoy fresh air, and hear about the latest services, news, and support available in your community. Morning tea provided.

Because sometimes, a walk and a chat can make all the difference.

Contact srimmer@hllc.org.au for more information.

Art and Crafts

Art and Minds



Mental Health Peer Support with structured training

At Healesville Living and Learning Centre (HLLC), we offer structure and support to help groups expand their skills and build confidence.

Our series of engaging workshops provides a safe space to explore creativity, express emotions, and develop practical tools for personal growth.

Everyone is welcome.

When: Every Tuesday Time: 1:00 pm - 4:00pm

Fees: \$50 annual fee for concession card holders

or \$90 per term

Art and Crafts

The Craft Space

Creative minds welcome!
Join our friendly crafting crew in a wellequipped space filled with sewing
machines, overlockers, and handy tools.

Bring your own project, share ideas, sip a cuppa, and connect with fellow makers in a relaxed, social setting.

Beginners welcome.

When: Every Wednesday Time: 10.00am - 12.00pm

Fees: \$55 per term



- Healesville Living and Learning provides programs funded by ACFE (Adult and Community Further Education) through the Department of Jobs, Skills, Industry and Regions.
- These programs are government subsidised and enables us to offer programs at low or no cost to eligible Victorian adults.
 - The program concession fees are \$50 for the year for any Centrelink Concession Card holder.

Bookings essential via our website or email reception@hllc.org.au

Healesville Living &



LearningCentre



5962 5982

What's happening in Term 3

Website: www.hllc.org.au



Bookings and numbers are essential for all activities to start so enrol via our website

or **call 5962 5982**

or email reception@hllc.org.au

Monday

Community Hair Cuts

Centrelink Concession Card Holders ONLY

New service - Community Hair Cuts offered only to centrelink concession card holders.

By appointment only, Bookings are absolutely essential

A qualified hairdresser onsite at 1 Badger Creek Road, Healesville in Room 7

Mondays -- 10.00am and 2.00pm



Choose from these Services:

- 1. \$15 Short Hair Cuts
- 2. \$20 Long Hair Cuts 3. \$10 Hair Wash & Conditioner
- \$10 Blow Wave
- 5. \$5 Dry Off

Tuesday

The Art Space

When: Every Tuesday Time: 10am - 12pm Fees: \$50 per term

Arts n Minds

Start: 22 July - 16 Sept

Time: 1.00pm-4:00pm Fees: \$50 concession or \$90 per term

Chair Yoga

Start: 5 Aug - 16 Sept Time: 1.00pm-2.00pm Cost: \$90 per term or Casual \$15pw

Wednesday

Nomen's Shed

Start: 23 July - 17 Sept lime: 9.30aiii - 1.230pm - 4:30pm and/or 1:30pm - 4:30pm Time: 9:30am - 12:30pm Fees: \$50 concession or \$90 per term

Pathway Walk for Carers

4th Wed of each month **Time:** 9.45am - 11.30am Dates: 23rd July, 27th Aug and 27th Sept FREE morning tea provided

The Craft Space

When: Every Wednesday Time: 10am - 12pm Fees: \$55 per term

Thursday

Women's Shed

Start: 24 July - 18 Sept Time: 9:30am-12:30pm Fees: \$50 concession or \$90 per term

Basic Computing

Start: 31 July - 18Sept Time: 9.30am-12.30pm Fees: \$50 concession or \$90 per term

Taking Expressions of Interest

Essential Oils Workshop Cleaning Skills Excel Basics

Friday

Computers for Over 55s

Start: 25 July - 19Sept Learn Time: 9:30am - 12:30pm

Fees: FREE

Upcycled Clothing

Start: 25 July - 19 Sept Time: 9:30am - 12.05. Fees: \$50 concession Time: 9:30am - 12:30pm

or \$90 per term

Saturday

Women's Shed



Start: 26 July - 19 Sept Time: 10am - 1pm

or \$90 per term

\$50 concession