

Monday

Workshops

Come n Try Knitting

Start: 5 Mar 2024
11.00am - 1.00pm
Cost: Gold Coin Donation

Would you like to learn how to knit? Bring your wool and you supply your knitting needles and we will teach you the rest!

Come n Try Microscopic Photography

Start: 11 Mar 2024
11.00am - 1.00pm
Cost: \$30

Dive into the intricate world of microscope photography, capturing the unseen and magnifying the wonders of the microscopic realm.

Arts n Crafts

Knit/Crochet for Charity

Start: 19 Feb 2024
10.00am - 1.00pm
Cost: Free

Would you like to join our charity group?

Knit or crochet with a group of ladies, we supply the wool and you supply your knitting needles/crochet hook and time and talent!

Join in the fun with our Knitting for Charity donate completed items to help benefit your local community. Enjoy a cuppa and morning tea.

Wellbeing

Yoga

Start: 12 Feb 2024
6.00pm - 8.00pm

Cost: \$90 per term or \$20 per week
Plenty of gentle stretches, practicing soft, flowing movements, controlled, directed breathing and visualisation, then the classes will close with a calming relaxation.
All welcome.

Coming in Term 2:

- Cooking on a Budget
- Cup Cake Making and Decorating
- Jams and Preserves
- Hair Braiding
- Book Club
- Soap Making and much more.....



Tuesday

Arts n Crafts

Art Space

Start: 6 Feb 2024
10.00am - 12.00pm
Cost: \$55 per term

Whatever your preferred medium, share your passion and meet like-minded artists in our creative community space. Bring your current project and share ideas and techniques. All welcome.

Wellbeing

Chair Yoga

Start: 20 Feb 2024
10.00am - 11.30am

Cost: \$80 per term or \$15 per week
Chair yoga for seniors may help with balance, strength, flexibility, and mental well-being. Learn the benefits and some poses for beginners.

Workshops

Come n Try Crochet

Start: 20 Feb 2024
11.00am - 1.00pm

Cost: Gold Coin Donation
Learn how to crochet supported by a skilled trainer. Bring your crochet hook and we will supply the rest!

Arts n Crafts

Arts and Minds

Start: 9 Jan 2024
1.00pm - 4.00pm
Gold Coin Donation

Explore the beauty of creative arts and share information about mental health. This group is about enjoying social connections and peer support. New members welcome.

New Skills

Level 1 Auslan



Start: 6 Feb 2024
6.00pm - 8.00pm

\$110 per term -- \$50 concession
Auslan Sign Language is used to communicating with the deaf community. Learn frequently used signs, hand shapes, introductions and greetings, age, time and months, people and relationships, deaf culture, Auslan variations and HOLME.

Wednesday

New Skills

Basic Woodwork Skills



Start: 24 Jan 2024
9.30am - 12.30pm

\$110 per term -- \$50 concession
Work on your own carpentry projects with support from our experienced trainer. Receive guidance through the design process, selection of materials and use of machinery and tools.

Basic Woodwork Skills



Start: 24 Jan 2024
1.30pm - 4.30pm

\$110 per term -- \$50 concession
Work on your own carpentry projects with support from our experienced trainer. Receive guidance through the design process, selection of materials and use of machinery and tools.

Wellbeing

Seniors Cuppa n Chat

Start: 14 Feb 2024
10.00am - 12.0pm
Gold Coin Donation

Seniors social group for those over 55. Stay connected to the community with great opportunities to share, learn, support and grow in your retirement. **Newcomers always welcome.**

Pathway Walk for Carers

Start: 28 Feb and 27 Mar 2024
4th Wed of each month
9.45am - 11.30am

FREE morning tea provided

Meeting at Beechworth Bakery. Pathways for Carers project offers carers of people with a disability, aged or mental illness an opportunity to share walks together and learn about news, services and support available to carers.

Arts n Crafts

The Craft Space

Start: 10th Jan 2024
10.00am - 12.00pm
Cost: \$55 per term

Enjoy the benefits of our well-equipped craft space. Some equipment is supplied. Bring along your current project and enjoy a cuppa with this group of like-minded crafters. **Beginners welcome.**

Thursday

New Skills

Basic Woodwork Skills



Start: 25 Jan 2024
9.30am - 12.30pm

\$110 per term -- \$50 concession
Women only working on your own carpentry projects with support from our experienced trainer. Receive guidance through the design process, selection of materials and use of machinery and tools.

Write Your Story



Start: 1 Feb 2024
10.00am - 3.00pm

\$85 per term -- \$50 concession
The central aspect of this writing program will be your memoirs. Coax your story out and give relevance and meaning to the journey you have travelled, and to the journey ahead.

Arts n Crafts

Acrylic Art Space

Start: 2nd Feb 2024
10.00am - 1.00pm
Cost: \$55 per term

Bring your own work and materials to work alongside local artists. You will be able to share your skills and knowledge and learn from others to create your next masterpiece.

Wellbeing

PRIDE Dinner

Start: 29 Feb 2024
6.00pm - 7.30pm
Cost: TBA

Join us for an enjoyable evening to share a meal and great conversation, sharing stories, insights and resources with the LGBTQIA+ community, and their allies. A welcoming and relaxed space that is one of the highlights of our calendar.

Yoga

Start: 15 Feb 2024
10.00am - 11.00am
Cost: \$105 per term or \$20 per week
Plenty of gentle stretches, which are adapted from yoga principles. Learn how to breathe correctly and become aware of your posture both standing and sitting, then the classes will close with a calming relaxation.

Friday

Digital Skills

Seniors Computer Club



Start: 9 Feb 2024
9.30am - 12.30pm
Cost: Free

A Seniors only group to learn and gain confidence on your own digital device - mobile phone, laptop or iPad or tablet. Learn how to send and receive texts, take photos things you can do everyday.

Basic Computer Skills



Start: 9 Feb 2024
1.00pm - 4.00pm

Cost: \$95 or \$50 concession
Learn and build your basic computer skills using your own digital device, your software and functions. Includes the Microsoft Office suite and a variety of Google applications

Wellbeing

Talking Cafe

Start: 1 Feb 2024
2.00pm - 3.00pm
Cost: Free

A way to connect and socialise regularly with others in your community.

- Gather at a local cafe go for a walk have a cuppa
- Guest speakers from community groups or services to share information

Hobbies

Come n Try Decoupage

Start: 7 March 2024
11.00am - 1.00pm
Cost: Gold Coin Donation

Fall in love with the art of decoupage! This simple craft is perfect for creating personalised home décor, gifts and more – for beginners. Get plenty of decoupage ideas and learn simple techniques.

Family History Discovery

Start: 15 Mar 2024
10.00am - 1.00pm
Cost: \$55 per term

Start on a journey of discovery about your family's past, as we help you uncover fascinating stories and connections about your heritage. Learn essential research techniques, archival skills, and methods for tracing.

Saturday

New Skills

Basic Woodwork Skills



Start: 3 Feb 2024
9.30am - 1.15pm

\$110 per term -- \$50 concession
Women only group working on your own carpentry projects with support from our experienced trainer. Receive guidance through the design process, selection of materials and use of machinery and tools.

Workshops

Soy Wax Candle

Start: 16 Mar 2024
10.00am - 1.00pm

Cost: \$50 (includes materials)
How to make scented soy candles quickly & easily. A how-to, step-by-step guide to homemade candles using pure essential oils and soy wax.

Sourdough

Start: 24 Feb 2024
10.00am - 1.00pm
Cost: \$90

A hands-on class, perfect for first time sourdough makers. Learners are provided with a sourdough culture to keep. Learn how to maintain it, as well as how to use their culture to mix a dough, knead it, shape it and bake sourdough loaves and rolls. Printed recipes with tips and hints are also provided.

Devonshire Teas

Start: 24 Feb 2024
2.00pm - 5.00pm
Cost: \$95

Make raspberry jam, different types of cream (devonshire cream and clotted cream) and 2 different types of scone recipes, then lay the table and sit down for a refined afternoon tea and chat about what you have done.

IMPORTANT MESSAGE

- All programs require enrolment and payment prior to start date.
- Minimum numbers are required for groups to run. Cancellation of program will occur if there is low enrolments.
- Talk to friends and family to see if they would like to attend with you.