



Healesville Living and Learning Centre

# Program Guide Term 4

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1 Badger Creek Road Healesville 3777



Families,  
Fairness  
and Housing

## Introduction to Small Retail Businesses



Have you considered turning the thing you love to make as a hobby into a small business? We will learn to make our own sourdough and jam which you could potentially sell through someone else's business or at markets? Do you produce something that others might want to buy online? Do you know how to get a small business loan? Or how to manage challenging customers? We will have a range of small local business owners to visit who will share their journey.

Date: Fridays x 10 weeks from Oct 7  
Time: 1pm – 4pm  
Fees: \$120 / \$110 conc  
Code: IR32133

## Introduction to Working in Retail



This new program supports adults of any age who would like to pursue a career in working in Retail. Covering the elements for employability skills the program includes Occupational Health and Safety, Money Handling, Customer Service Skills, as well as some work experience in local businesses.

From Oct 7 for 10 weeks  
Sessions 9:30 – 11:30  
Fees: \$120 / \$110 conc  
Code: IR32133

## Computers and smart devices – the basics



Come along and meet our fantastic computer teacher. His gentle approach will help you to navigate your personal devices.

Bring along your computer, your ipad, tablet and smart devices. Suitable for absolute beginners as well as those with a bit of knowledge.

Date: From Oct 6 on Thursday afternoons for 10 weeks  
Fees: \$80 / \$70 conc  
Time: 1pm – 2:30pm  
Code: BC42133

## Digital Boot Camp



Do you want to boost your work or business profile by using current social media platforms? This class is for you! We will include Facebook, Snapchat, Instagram, TikTok, Twitter and Websites

Date: From Oct 6 Thurs afternoons for 10 weeks  
Fees: \$80 / \$70 conc  
Time: 3pm – 4:30pm  
Code: BC42133

## Cold Process Soap Making Workshop:



This is a Vegan friendly soap making class, where you just bring yourself and be prepared to have fun. You will make your own 1kg of soap which will make about 10 bars of soap. All materials provided.  
Wednesday Oct 26  
1215 – 3pm  
Cost \$100/\$90 concession

## Auslan Level 1: Intro to Sign Language



Learn frequently used signs and hand shapes. Includes introductions and greeting, age, time, months, people and relationships, deaf culture and communication.

Date: Mon October 3 for 8 weeks  
Time: 10am – 12md  
Fee: \$80 / \$70 Conc  
Code: AU42119

## Understanding Native Plants



This program looks at habitats and propagation to assist learners in creating their own Indigenous plants into their own home gardens. This includes plants that are used as a food and medicinal source.

Date: 8 weeks from Oct 21  
Time: Fridays 12MD – 3PM  
Fees: \$120 / \$110 Conc  
Code: BT4120

## Introduction to Permaculture



With Peter and Robyn Veeken

Over eight sessions, participants will learn what Permaculture is and how they can start living a permaculture inspired life. Traditionally, Permaculture (a combination of permanent and agriculture) is the conscious design and maintenance of agriculturally productive ecosystems which have the diversity, stability, and resilience of natural ecosystems. "It is not a full blown Permaculture Design Course, it is a teaser to spark interest and get people thinking from a permaculture perspective." This is a popular course so book early

Date: Tuesday for 8 weeks commencing Tues October 4 12 July  
Time: 1pm - 4pm  
Fees: \$90 / \$80 Conc  
Code: IP42129

## Thursday Games



Do you like to play board games and have a chat? Come along and have a laugh. Bring along your own games or use the ones we have. Give Shona a call on 59625982 to find out more information.

Date: Thursdays  
1pm – 3pm  
Fees: Gold Coin Donation

## Arts and Minds



Is a supportive space for people to enjoy art

and share peer support in their mental health journey. Sessions continue during the school holidays.

We welcome new people so please come along and meet us and see what you think.

Tuesday 1 – 4pm Gold Coin donation

Can I enrol in a class once it has started?

Sometimes this is possible. It depends on the class and how it is run. Give us a call and we can talk about it.

## The Craft Space



This group invites you to bring along your current textile project and enjoy the shared space

with a group of wonderful women. Some equipment is available to start out on which includes sewing machines, overlockers and some assorted tools. Share techniques and stories with this warm and welcoming group.

Dates: October, November, December

Wednesdays Time: 10am – 12md

Fee: \$50 per quarter

Code: CS42104

## The Art Space



Would like join to join a group of people who bring their arts

projects into our community arts space. This group shares ideas and techniques with one another whilst enjoying the company of the group.

Dates: October, November, December, meeting weekly on Tuesday from 9:30am – 12md.

Fee: \$50 per quarter

Code: AS42103

## The Women's Shed

With Michael McLellan



The Women's Shed is in its 6th sensational year at HLLC. Women who want to successfully design and complete a project. We would happily put on a fourth if you are interested. So join one of our amazing Women's Shed groups or just drop in one day when the shed is in session and see if it is for you.

You can work on your own carpentry projects with our wise and very knowledgeable tutor Michael, in our well-equipped shed. Yes Michael is a man - but he is amazing. He will be on hand to give advice and assist with planning your project and learning how to use the tools available.

Term 4 for 10 weeks

Fees: 100/ \$90 Conc

Weds AM Class Oct. 5

9:30 – 12:30

Fees: \$100 / \$90 conc

Code: IC42121

Time: 1pm – 4pm

Weds PM Oct 5

Fees: \$100 / \$90 conc

Code: IC42122

Sat. 10am – 1 pm

Fees: \$100 / \$90 conc

Code: IC32123

10AM - 1PM Oct 8

## Carers Walk

Meeting at Beechworth Bakery, Healesville Carer's get together and go for a lovely walk around Healesville and meet back at the Bakery for a chat, coffee and a guest speaker.

Meet at 9:45 on the 4<sup>th</sup>

Wednesday of every month

Assistance dogs are permitted into all classrooms

## Yoga For Everybody



A general class for beginners or people with experience. Through the practise of yoga we develop body awareness and confidence, strength and flexibility, improve our balance, increase blood circulation, deepen our ability to relax and go with the flow and feel well in body and mind. Your guide Vasudha Harte has been practising yoga since the 70s when she attended classes with her mother and has studied with internationally recognised yoga teachers in India and northern NSW.

From: Tuesday Oct 4 from 6pm – 7:15pm

Fees \$130 full/\$120 Concession

## Mindful Meditation Sound Healing Yin Yoga Chi Gong

This is a lovely time to gather together and stay community connected through various well being practices over a 8 week course to make time for yourself in Self Love and to relax and rejuvenate while nurturing your mind, body soul and your spirit through a sequence of Mindfulness Practises .

Date: 8 weeks from Sat Oct 8

Time: 10 - 12

Fees: \$150 / \$140 Concession

Code: MM44120

## Adult Learners Week 1 – 8 September

Celebrating Adult Learning we will have a day of fun here in Healesville with other nearby Neighbourhood Houses.

Date and time and details of the event closer to the time!

## The Power Rebate \$250 Energy Saver Bonus.

Did you know the state government are offering all Victorian households a \$250 energy saving bonus paid straight into your bank account (or via cheque).

We are only too happy to help answer any questions and assist with your application so get in touch. Please contact Shona if you would like help with this

## Coming Up in Term 4

Sourdough Bread Making

Jams and Preserves

Cheese Making

Weekend Arts Workshops

Dates, Times and Details will be advertised in Term 4.



HLLC is a Learn Local provider.

Learn Local providers are not-for-profit businesses that are established to meet the needs of local communities.

## Volunteering@HLLC

Volunteering at HLLC can be a fun way to meet new people, learn new skills and really be involved in your community.

## Volunteering at the Centre:

Can include working in reception, administration, customer service and gardening. You might work with groups and facilitate projects or consider joining our Board of Governance.

### Volunteering at our Op Shop in the East End:

Come and join our friendly group. Use your existing skills or further enhance your customer service and retail skills.

## Centre Services

We offer a range of services. These include photocopying, laminating, venue hire, community information and referral  
Please contact us for details

## Venue Hire

A variety of office spaces and specialty rooms are available. We offer discount rates for community and not-for-profit groups and organisations. Special consideration will be given to charitable events. Venue hirers can promote their activities through our social media for free.  
Contact us for more information.

## Donating to HLLC

Every dollar raised through the shop is returned to the community through the centre's programs and activities. We are always happy to receive donations of good quality, preloved clothing and goods to the shop during business hours only. We cannot accept electrical appliances. Visit us at the East End Opportunity Shop at 309 Maroondah Hwy, Healesville

## Enrolment

### In Person:

Monday – Friday 9am – 4:30pm

### Online:

Visit [hllc.org.au/enrol](http://hllc.org.au/enrol) for enrolment information or download an application form. Credit card payments can be made over the phone.

### Please Note:

Enrolments are confirmed upon receipt of completed forms and payment has been completed. We accept cash, credit and debit cards and EFTPOS.

## Membership

Become a member of HLLC. Funds raised go towards providing a variety of programs and activities. Membership expires at the end of each calendar year. Fees are set by the Committee of Management at the AGM. Currently the membership fee is \$7 (inc GST)

## Fee Relief

If the fees are preventing you from enrolling in a course please contact us. You may be eligible for fee relief. Give us a call and have a confidential chat.

## Refunds

HLLC reserves the right to cancel workshops due to insufficient numbers.

If HLLC cancels the workshop for other reasons, you will be entitled to a 100% refund (\*see notes on Covid), or you may choose to transfer to another date subject to availability. If you decide to withdraw 7 or more days prior to the workshop date HLLC will retain a 10% administration fee. If you decide to withdraw less than 7 days prior to the workshop date HLLC will retain 100% of your workshop fee. Covid Note: Should HLLC have to postpone the course due to Government changes relating to a Covid 19 response, we will let you know as soon as possible. Affected participants will be sent a notification that includes details on how to rebook another date or workshop. While cancellations on our part may be refundable within the same specific time period, we hope you will consider bearing with us in these precarious and trying times, and consider the reschedule date where possible. There will be no refund if the participant cancels after the program has commenced.

## On Site at HLLC

Healesville Living and Learning Centre proudly support the following groups:

## HEWI

### Healesville Environmental Watch Inc

Meets on the second Thursday of the month at HLLC from 7:30  
Contact Karen Garth on 59625115 or email [admin@hewi.org.au](mailto:admin@hewi.org.au) for further information

## Healesville CoRE Group

Healesville Living and Learning Centre proudly supports the Healesville CoRE group.

## APM

APM Employment Services help people find and keep a job, support them to deal with challenges to employment such as injury, illness and disability.  
For more information contact APM on 1800276276 or visit [www.apm.net.au](http://www.apm.net.au)

## Job Prospects

Job Prospects is a Jobactive and Disability Employment Services - Employment Support Service. We offer specialist services in disability, homelessness and youth.  
Contact Job Prospects on 9024 8450

## Employment Plus

As one of Australia's largest recruiters we provide our job seekers with specialist training, work experience and a range of support services to help people find meaningful employment. Call us on 136 123.  
Monday – Friday

## Healesville Connect

Healesville Connect is a group of locals who gather bi-monthly at HLLC to connect people who are new to Healesville with those who have lived here for a while.  
Please call Jane Judd 04884702 to book a place.

## The Country Women's Association

The Tarrawarra chapter of the Country Women's Association meet at HLLC every second month on a Wednesday morning. Please call for details