



Healesville Living and Learning Centre

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# Program Guide

## Term 3 2021

HLLC Core Values are about being  
Respectful, Inclusive, Empowering and Transparent

hllc.org.au



59625982



HealesvilleLLC



HealesvilleLearningCentre



[contactus@hlls.org.au](mailto:contactus@hlls.org.au)



1 Badger Creek Road Healesville 3777



## Business Skills, Work Skills and Computer Training

### Leap into Employment and Be Work Ready

With Barb Lorey  
Code: WR32137



Working in a small group, you will bring together your existing skills, consider your career opportunities and prepare for these with a personal plan of action.  
Group Session: 10am – 2 pm  
Date: Thursday July 22  
Fees: per person \$58 / \$52 conc  
Call HLLC for details

### Training For Retail

With Barb Lorey  
Code: RE32139



Wanting to work in retail? This training will provide a general introduction to the retail industry. Learn some skills you will need to perform in a range of roles in the retail trade. This will include practical experience in Healesville businesses.  
Date: Thurs Aug 22 for 6 weeks  
Fees: \$53 / \$50 conc

### Introduction to Bitcoin

With Nigel Dobson



Bitcoin, cryptocurrencies, blockchain... what do these even mean??? Discover this international phenomena and the way people can look at money. Suitable for beginners and those who are already experienced in this space.  
Date: Tuesday July 13 for 10 weeks  
Fees: \$86 / \$72 conc

### iPads, Tablets, Computers - the Basics

With Thom Basselier  
Code: BC32133/IP32134



Discover your computer, your ipad, tablet and devices. Manage your settings, downloads, movies, edit photos, emails, use Microsoft Office and browse the Internet. Suitable for beginners.  
Date: Weds July 21 for 9 weeks  
Fees: \$79 / \$67 conc  
Time: 9:30 - 1230

## Advanced Computer and Digital Media

With Nigel Dobson



Explore more advanced aspects of modern technology and digital media. Learn how phones and other devices interact with each other via the cloud, explore safe navigation of social media platforms and take advantage of the vast world of free apps. Includes Microsoft Office applications.  
Duration 10 weeks. Fees \$86/\$72 Conc  
Morning Class Code: AD32124  
Fri July 16: 9:30am – 1230pm for 10 weeks  
Afternoon Class Code: AD32124  
Friday July 16: 1pm – 4pm for 10 weeks

### Build and Maintain a Website Using Wordpress

With Thom Basselier

Build and maintain your website using Word Press. Includes registering your domain name to installing and running a website, modifying themes, using plug ins, building web forms, using page layouts and managing content in a temporary, live web environment  
Date: Weds July 21 1pm – 4pm  
Duration 9 weeks  
Fees \$79 / \$64 conc

## Writing and Languages

### Auslan Level 1 – Intro to sign language

With Jacqueline Constantin  
Code: AU32119



Learn frequently used signs and hand shapes. Includes introductions and greeting, age, time, months, people and relationships, deaf culture and communication, Auslan and HOLME.  
Date: Fri July 23 for 6 weeks  
Time: 1pm – 3pm  
Fee: \$67 / \$60 Conc

### Are Reading & Writing a bit of a challenge?

With Leah Hill  
Code: RW32132



Would you like to be reading, writing and spelling with more confidence? This small supportive group will provide all of the support you need. People with English as a second language are very welcome.  
Date: Tuesday 27 July for 8 weeks  
Time: 10am – 12md  
Fees: \$63 / \$53 Conc

## Discover and Write Your Story

With Judy Martin  
Code: DW32130



Write your memoirs or your autobiography or that novel you have always wanted to try. Judy will provide guidance and support with your writing project. She can help with organisation, structure, form, use of language and will be on hand for proof reading and editing. Open to all who would like to make a dedicated time and space for their writing and to have support where needed.  
Date: Thurs August 12  
10:30am – 2:30pm for 4 weeks  
Fees: \$63/\$53 Conc

## Arts and Lifestyle

### The Art Space

Code: AR32103



Join a group of people who bring their arts projects into our community arts space. Sharing ideas and techniques with one another whilst you enjoy the company of others.  
Dates: July/Aug/Sept weekly on Tuesday from 9:30 – 12md.  
Fee: \$50 per quarter

### The Craft Space

Code: CS32104



Bring along your current textile project and enjoy the shared space. Some equipment available including sewing machines, overlockers and some assorted tools. Share techniques and stories with this warm and welcoming group.  
Dates: July 14 on Wednesday 10 am – 12md for 10 weeks  
Fee: \$50 per quarter

### The Women's Shed

With Michael McLellan



Work on your own carpentry projects with our wise, knowledgeable tutor Michael, in our well equipped shed. Michael will be on hand to give advice and assist with planning your project and learning how to use the tools available.  
Dates: Over 9 weeks  
Weds July 21 AM Code: IC32121  
Time: 9:30 – 1230  
Weds July 21 PM Code: IC32122  
1:30 - 4:30  
Sat July 24 for 9 Code: IC32123  
10AM - 1PM  
Fees: \$94 / \$82 Conc

## Bush Tucker

With Peter Lorback Code: IC32121

With field trips and classroom activities learn to be curious about identifying indigenous plants, how they are used for food or their medicinal qualities, as well as understanding seasonal impacts on the ecosystem.

Date: Tuesday 20 July for 9 weeks

Time: 10AM – 2PM

Fees: \$90 / \$77 Conc



## Qi Gong

With Peter Lorback Code: QG32101

Qi Gong is a holistic system of coordinated body posture and movement, breathing and meditation used for purposes of health spirituality and martial arts training. It is gentle, easy to practice and beneficial to mind, body and spirit. Suitable for all ages, body types and fitness levels.

Date: Tues August 10 for 6 weeks

Time: 3pm – 4pm

Fees: \$79 / 72 Conc

## Majickal Belly Dancing

With Leanne Margaret Code: BD32108

This course will help you to discover your unique poise, balance and creativity. It is based on the belief that everyone can dance. Moving to the ancient shapes of belly dance helps dancers to look and feel more confident from the very first class.

Date: Thurs July 15 for 10 weeks

Time: 7PM – 8PM

Fees: \$164 / \$150 Conc



## Earthwise Vegan Soap Making Workshop

With Sharrn Watts  
Code: SW32111



Make your own Vegan, palm oil free, coconut and olive soap. Hands on, fun and educational workshop using natural herbs and spices, flower petals and food grade items. Everyone takes home 500mls (equiv of 5 bars of handmade soap).

Date: Saturday Sept 11 12MD – 2PM

Fees: \$83 / 82

## Beyond the Mask

With Tracey Jackway Code: SO32110

A caring support group for those who feel they would like to reconnect with their community during our current Covid situation. We will be a small group which will include social activities and discussions.

Date: Weds July 28 for 6 weeks

Fees: **Free**

Time: 11am – 1pm

## New Classes & Workshops

### Botanic Journaling

With Teagan Bouma Code: BJ32301

Nature Journaling is a perfect way to slow down, increase mindfulness and reconnect with nature. Students will learn how to capture elements of the natural world they see around them and create their own unique artworks learning the traditional methods of using water colour paints and black ink.

Date: Weds July 21 for 9 weeks

Time: 10am – 12md

Fees: \$160 / \$150 conc

Kits including all materials are available for \$60.

Or

Bring your own materials: Water Colour Paper, watercolour paints, brushes, waterproof black ink pen, grey lead pencil, eraser, pencil sharpener, container for water.



### Biodynamic Farming and Gardening Workshop

With Hendrik Dierich Code: BFG32302

Introduction to caring for the soil using biodynamic preparations and methods Bios = life, and dynamis = energy = sustainable approaches that heal the soil and heal nature. The Workshop includes: Who founded Biodynamics and what is the aim of BD for farming, gardening and for our human society? What were the past problems farmers struggled with and how do modern concerns differ? Caring for the earth by embracing the cosmos – it has always been so with indigenous practice Soil fertility, organic matter, microbial activity Biodynamic sprays and compost preparations Carbon sequestration and bacterial activity Human farms & gardens – this is our human community Health & nutrition, wellness, agrohomeopathy Hands-on stirring and applying a Biodynamic spray Saturday Aug 7

Time: 10am – 2pm

Fees: \$30pp \$25 conc



HLLC is a Learn Local provider.  
Learn Local providers are not-for-profit businesses that are established to meet the needs of local communities.

## Volunteering@HLLC

Volunteering at HLLC can be a fun way to meet new people, learn new skills and really be involved in your community.

Volunteering at the Centre:

Can include reception, administration, customer service and gardening. You might work with groups and facilitate projects or consider joining our Board of Governance.

Volunteering at our Op Shop in the East End:

Come and join our friendly group. Use your existing skills or further enhance your customer service and retail skills.

## Centre Services

We offer a range of services. These include photocopying, laminating, venue hire, community information and referral

Visit [hllc.org.au/services](http://hllc.org.au/services) for more details

## Venue Hire

A variety of office spaces and specialy rooms are available. We offer discount rates for community and not-for-profit groups and organisations. . Special consideration will be given to charitable events.

Venue hirers can promote their activities in our course guide or through our social media for free.

Contact us for more information.

## Donating to the Op. Shop.

Every dollar raised through the shop is returned to the community through the centre's programs and activities.

We are always happy to receive donations of good quality, preloved clothing and goods to the shop during business hours only. We cannot accept electrical appliances.

Visit us at the East End Opportunity Shop at 309 Maroondah Hwy, Healesville

## Enrolment

In Person:

Monday – Friday 9am – 4:30pm

By Mail:

Pop in and complete an enrolment form and make a payment to 1 Badger Creek Rd Healesville 3777

Online:

Visit [hllc.org.au/enrol](http://hllc.org.au/enrol) for enrolment information or download an application form. Credit card payments can be made over the phone.

Please Note:

Enrolments are confirmed upon receipt of completed forms and payment has been completed. We accept cash, credit and debit cards and EFTPOS. Cheques should be made payable to Healesville Living and Learning Centre Inc.

## Membership

Become a member of HLLC. Funds raised go towards providing a variety of programs and activities. .

Membership expires at the end of each calendar year. Fees are set by the Committee of Management at the AGM. Currently the membership fee is \$7 (inc GST)

## Fee Relief

If course fees are preventing you from enrolling in a course please contact us. You may be eligible for fee relief. Give us a call and have a chat.

## Refunds

When a course is cancelled by HLLC for any reason, the fees will be refunded in full or if agreed can be held over until the course is rescheduled.

If a participant withdraws from the course they must give notice of 5 working days prior to the class commencing to be entitled for a refund. A \$20 administration fee is charged for withdrawals. There will be no refund if the participant cancels after this time.

Assistance dogs are permitted into classrooms

## On Site at HLLC

Healesville Living and Learning Centre proudly support the following groups:

### Arts and Minds

A supportive space for people to enjoy art and share peer support in their mental health journey. Includes session during the school holidays.  
Tuesday 1 – 4pm Gold coin donation

### HEWI

Healesville Environmental Watch Inc Meets on the second Thursday of the month at HLLC from 7:30  
Contact Karen Garth on 59625115 or email [admin@hewi.org.au](mailto:admin@hewi.org.au) for any information

### Healesville CoRE Group

Healesville Living and Learning Centre proudly supports the Healesville CoRE group.

### Uniting Melba

Uniting Melba is a social support program for people over the age of 65 living in the Yarra Ranges area. Melba facilitates an active group meeting on Mondays from 1030am until 3pm in Room 1 at HLLC.  
For more information ring 0437143187

### APM

APM Employment Services help people find and keep a job, support them to deal with challenges to employment such as injury, illness and disability.  
For more information contact APM on 1800276276 or visit [www.apm.net.au](http://www.apm.net.au)

### Job Prospects

Job prospects is a jobactive and Disability Employment Services-Employment Support Service. We offer specialist services in disability, homelessness and youth.  
Contact Job Prospects on 9024 8450

### Salvation Army Employment Plus

As one of Australia's largest recruiters We provide our job seekers with specialist training, work experience and a range of support services to help people find meaningful employment. Call us on 136 123. Monday – Friday 8:30am – 5pm.