



## Volunteering

It's a great way to meet new people, gain confidence, learn new skills, stay active and involved and have fun. Volunteers have been an important part of the Healesville Living and Learning Centre since it began in 1979.

Our volunteer program offers a variety of opportunities in the areas of project coordination, group facilitation, reception, administration, customer service, gardening, Board of Governance and in the Opportunity Shop.

For more information or to speak with someone about joining our team, contact us on 5962 5982.

## Centre Services

We offer a range of services to our students and to the public. These include photocopying, laminating, venue hire, art supplies, hire of easels, community information and referral, computer use and public Internet access.

Visit [hllc.org.au/services](http://hllc.org.au/services) for full details.

## Venue Hire

A variety of office spaces and specialty rooms are available. We offer discount rates for community and not-for-profit groups and organisations. Special consideration will be given to charitable events.

Venue hirers can promote their activities in our Course Guide or through social media for a fee. Contact us for more information.

## The Op Shop

HLLC operates the East End Opportunity Shop at 309 Maroondah Hwy, Healesville. Every dollar raised through the shop is returned to the community through the Centre's programs and activities.

We are always happy to receive donations of good quality, pre-loved clothing and goods to the shop during open hours. We cannot accept electrical appliances.

Visit us at the East End Opportunity Shop, or call us on 5962 3431.

## Enrolment

### In person

Monday - Friday from 9:00 am - 4:30 pm

### By mail

Completed enrolment form and payment to 1 Badger Creek Road, Healesville 3777

### Online

Visit [hllc.org.au/enrol](http://hllc.org.au/enrol) for enrolment information or download an application form. Credit card payments can be made over the phone.

### Please note:

Enrolments are confirmed upon receipt of completed enrolment form and payment in full. We accept cash, cheques, EFTPOS and credit card. Cheques should be made payable to Healesville Living and Learning Centre Inc.

## Membership

In addition to course fees, a \$7.00 annual membership fee will apply to all students enrolling for the first time in a calendar year. This fee may be paid at any time during the year and expires at the end of the calendar year.

## Course Fees

Are course fees preventing you from enrolling in a course? Fee relief is available. Please contact us to discuss your options.

## Refunds

When a course is cancelled due to insufficient numbers or unforeseen circumstances, course fees will be refunded in full.

If a participant withdraws five (5) working days prior to the commencement of the first class they will be entitled to a refund.

A \$20.00 administration fee is charged for withdrawals. There will be no refunds if you cancel after this time.

Children are not permitted in adult classes.  
Animals are not permitted on site. Assistance dogs are welcome.



## On Site at HLLC

### APM

APM Employment Services help people find and keep a job, and support them to deal with challenges to employment such as injury, illness or disability.

For more information, contact us on 1800 276 276 or visit [www.apm.net.au](http://www.apm.net.au)

### Carers Community Hub

iDareU provides a choice of activities, materials, refreshments, and an opportunity to have a break from your caring. This space is available for ALL carers, whether your loved one is in the NDIS or not.

Register your interest: [info@idareU.org.au](mailto:info@idareU.org.au)

Saturday 9th May, Sunday 14th June  
Time: 1:30 pm - 4:30 pm

### Job Prospects

Job Prospects is a jobactive and Disability Employment Services – Employment Support Service. We offer specialist services in disability, homelessness and youth.

Contact Job Prospects: 9024 8450

### Salvation Army Employment Plus

As one of Australia's largest recruiters, we provide our job seekers with specialised training, work experience and a range of support services, to help them find meaningful employment.

Call us on 136 123  
8:30 am - 5:00 pm  
Monday - Friday

### Uniting Melba

A social support program for people over the age of 65 living in the Yarra Ranges Shire. Melba operates an active group meeting on Mondays from 10:30 am - 3:00 pm in Rm 8 at HLLC. For more information call: 0437 143 187 or email: [jacqueline.perry@vt.uniting.org](mailto:jacqueline.perry@vt.uniting.org)

Healesville Living and Learning Centre acknowledges the support of these organisations:



A.B.N. 78 831 662 475 | Incorporation No. A 2731

# Healesville Living and Learning Centre PROGRAM GUIDE

[hllc.org.au](http://hllc.org.au)  
5962 5982

HealesvilleLLC  
[contactus@hllc.org.au](mailto:contactus@hllc.org.au)  
HealesvilleLearningCentre  
1 Badger Creek Rd, Healesville

## TERM 2, 2020 April - May - June



Open Monday to Friday from 9:00 am - 4:30 pm - Closed Public Holidays and Code Red Days



## Art and Creativity

### The Art Room Code: AR22003

Whatever your medium, share your passion and meet like-minded artists in our creative community space. Bring your current project and share ideas and techniques. All welcome.  
Date: Tue 21st Apr Time: 9:30 am - 12:00 pm  
Duration: 9 weekly sessions Cost: \$77 / \$71 conc

### The Craft Space Code: CS22004

Join this friendly group of crafty people and enjoy the benefits of our well-equipped craft space. Sewing machines, overlockers and a variety of crafting tools are available for use, together with a range of reasonably priced fabric and haberdashery. Bring along your current sewing, knitting, crochet or quilting project, share your knowledge and enjoy a cuppa with this group of like-minded people. Beginners welcome.  
Date: Tue 21st Apr Time: 10:00 am - 12:00 pm  
Duration: 9 weekly sessions Cost: \$63 / \$59 conc

### The Women's Shed Code: IC22051

Work on your own carpentry projects with support from our experienced tutor. Michael is on hand to guide you through design, selection of materials, use of machinery and tools, and to provide general assistance and advice.  
Date: Wed 29th Apr Time: 9:30 am - 12:30 pm  
Duration: 9 weekly sessions Cost: \$84 / \$72 conc

### Wednesday Morning Class Code: IC22046

Date: Wed 29th Apr Time: 1:30 pm - 4:30 pm  
Duration: 9 weekly sessions Cost: \$84 / \$72 conc

### Saturday Class Code: IC22052

Date: Sat 2nd May Time: 10:00 am - 1:00 pm  
Duration: 8 weekly sessions Cost: \$76 / \$65 conc

## Arts and Minds

### Peer Support Group

A welcoming and supportive space for people to enjoy art and share peer support in their mental health journey.  
Includes school holidays.  
Day: Tuesdays from 1:00 pm - 4:00 pm  
Cost: Gold coin donation and HLLC membership

## Yarn Bomb Day - 11th June

Let's brighten up HLLC with crafty colour!  
Thursday 11th June is Yarn Bomb Day.  
We are collecting crocheted and knitted squares for a yarn bombing project at HLLC. Join the fun by donating your yarn creations or left over yarn to be included in the project.  
Leave your contributions with us at HLLC Reception - 1 Badger Creek Road, Healesville or at the East End Op Shop at 309 Maroondah Hwy, Healesville.

## Food and Gardening

### Bush Tucker Program Code: BT22040

with Peter Lorback  
Learn about and understand the Australian bush from a functional and cultural perspective. Understand seasonal and other impacts on the ecosystem and begin to see the bush like a supermarket. Participate in field trips, learn how to propagate bush tucker plants and hear stories about the cultural significance of the tucker and country.  
Date: Tue 5th May Time: 10:00 am - 2:00 pm  
Duration: 9 weekly sessions Cost: \$80 / \$67 conc

### Hiroimi's Kitchen Code: HK22007

with Hiroimi Masuoka  
This hands on, fun and interactive Japanese cooking class provides guidance from an experienced chef every step of the way as you learn to cook traditional Japanese food. As well as going home with new culinary skills and recipes, you'll get to indulge in the delicious food prepared by you! Cook different dishes in each session. Suitable for all experience levels.  
Session 1: Friday 1st May  
Time: 10:30 am - 12:30 pm  
Duration: 1 session Cost: \$52 / \$49 conc  
Session 2: Friday 12th June  
Time: 10:30 am - 12:30 pm  
Duration: 1 session Cost: \$52 / \$49 conc

### Introduction to Permaculture Code: IP22044

with Peter and Robyn Veeken  
Permaculture is a creative design process based on whole-systems thinking informed by ethics and design principles. Explore principles of bountiful, environmentally friendly gardening and determine how sustainable your garden is. Delivered by trained permaculture experts.  
Date: Sat 2nd May Time: 1:00 pm - 4:00 pm  
Duration: 8 weekly sessions Cost: \$78 / \$67 conc

### How to Grow a Native Garden Code: NG22002

with Gabriel Lafitte  
Healesville is a sanctuary for endangered animals and plants alike. By planting Australian natives in your garden you not only have beauty at your door, you are also helping to prevent the extinction of native flora threatened by climate change. Gabriel will show you how to design an affordable, unique garden that requires little maintenance, and that birds and bees flock to.  
Date: Thur 23rd Apr Time: 10:00 am - 12:00 pm  
Duration: 2 weekly sessions Cost: \$67 / \$60 conc

## Healesville Environment Watch Inc

### Friday 1st May - Frog Survey, Yarra Glen

Learn to use a Frog App to record and identify the calls of our local frogs. BYO torch.

### Sunday 26th July - National Tree Day

Plant to help revegetate the banks of the Yarra River at Everard Park, Maroondah Hwy. BYO gloves. Morning tea provided.  
Contact Karen for more information and bookings on 5962 5115, Mob: 0418 999 936 or email to: [gbfacilitator@gmail.com](mailto:gbfacilitator@gmail.com)

## Health and Wellbeing

### Song Gong - Gentle Exercises for Relaxation, Strength and Balance Code: SG22005

with Peter Lorback  
The practice of Song Gong brings awareness to the structures of the body, strengthens tendons and ligaments and creates a sense of balance. Song Gong is a fundamental of all Taiji, Qi Gong and martial practice. 'Song' means to release, to let go or to soften; this refers to releasing any tension in the muscles, ligaments, tendons and joints. Students will learn five Song exercises. These are easy to learn and do not put any duress on the body, so are suitable for all levels of fitness and flexibility. Song Gong is relaxing and will promote the letting go of tension in the mind and in the body.  
Date: Tue 12th May Time: 3:00 pm - 4:00 pm  
Duration: 7 weekly sessions Cost: \$89 / \$81 conc

## Writing and Languages

### Improve Your English Code: WP22045

with Deborah Pepyat  
Feel more confident about your reading and writing skills in everyday situations. Increase your employment prospects. Topics include reading instructions and signs, filling out forms and more. This small group will focus on the individual learning needs of each student.  
Date: Tue 28th Apr Time: 1:30 pm - 4:00 pm  
Duration: 9 weekly sessions Cost: \$64 / \$52 conc

### Writing for a Purpose Code: WP22036

with Deborah Pepyat  
Have you always wanted to write but don't know how to get started? Explore writing techniques including character and plot development, writing dialogue and how to choose the right core idea. Share your story and your journey with other writers in this small, friendly class.  
Date: Tue 28th Apr Time: 9:30 am - 12:30 pm  
Duration: 9 weekly sessions Cost: \$69 / \$57 conc

### Discover and Write Your Story Code: DW22050

with Judy Martin  
The central aspect of this writing course will be your memoirs. Coax your story out and give relevance and meaning to the journey you have travelled, and to the journey ahead.  
Date: Thur 23rd Apr Time: 1:00 pm - 3:30 pm  
Duration: 8 weekly sessions Cost: \$50 / \$40 conc

### Introduction to Poetry Code: IP22010

with Judy Martin  
Do you dabble in poetry writing but would like some guidance? Or have you "always wanted" to write poetry, but didn't have the confidence or opportunity? This initial course is designed to bring out the poet in you through exercises and an exploration of the poetry of well (and lesser) known poets as models and inspiration.  
Date: Wed 6th May Time: 2:00 pm - 4:00 pm  
Duration: 4 weekly sessions Cost: \$71 / \$62 conc

## Computing and Technology

### How to Use Your Computer - Windows 10 Code: BC22035

with Thom Baselier  
Hands-on guidance will help you develop the skills you need to navigate the Windows operating system with confidence. Develop skills for using Windows PC's and the internet, sending and receiving emails and explore Microsoft Word.  
This training will cover the physical components of computers, Microsoft Windows navigation, Microsoft Word basics, an introduction to the internet and developing keyboarding skills.  
Date: Wed 6th May Time: 1:00 pm - 4:00 pm  
Duration: 8 weekly sessions Cost: \$63 / \$52 conc

### (Back) To Work - Computer Skills Code: BW22049

with Thom Baselier  
Much has changed in the workforce over the last few years. Refresh your skills and make sure that you are prepared to start that new job or return to the workforce. This training will explore the Google Suite, Office 365, on-line or off-line storage, One Drive, Microsoft Word, Excel, and Powerpoint, Google Drive, Google Docs, Google Sheets and Google Slides.  
No skills pre-requisite.  
Small groups with individual attention.  
Date: Thur 7th May Time: 9:30 am - 12:30 pm  
Duration: 8 weekly sessions Cost: \$63 / \$52 conc

### Build and Maintain a Website Using WordPress Code: WP22034

with Thom Baselier  
From registering a domain name to installing and running a website, understand you how to build, modify, edit and manage your own website using WordPress.  
This training will cover applying and modifying themes, using plug ins, building web forms, using page layouts and managing content in a temporary, live web environment.  
Date: Wed 6th May Time: 9:30 am - 12:30 pm  
Duration: 8 weekly sessions Cost: \$63 / \$52 conc

### Exploring Online Business Workshops Code: OB22047

with Thom Baselier  
You might have an idea about what you think would make a great small online business, but lack the confidence and knowledge about where to begin. This course is a starting point to provide you with the skills required to start an online business. Skillset involves constructing a website, ability to manipulate images for a website, understanding what is involved with an online shop and more.  
Evening Sessions  
Date: Mon 18th May Time: 7:00 pm - 9:00 pm  
Duration: 3 weekly sessions Cost: \$26 / \$22 conc  
Afternoon Sessions  
Date: Tues 19th May Time: 1:00 pm - 3:00 pm  
Duration: 3 weekly sessions Cost: \$26 / \$22 conc

### Introduction to Digital Media Code: DM22032

with Nigel Dobson  
This class is a great place to begin learning about computers, phones, tablets, iPads, iPhones, email, the Cloud, music and photos. You will also learn about apps - what are they and how to get them. The emphasis is on exploring, and what can we do for free. You'll be expertly guided and be in safe hands during this initial exploration of modern day computers.  
Date: Mon 20th Apr Time: 9:00 am - 12:00 pm  
Duration: 10 weekly sessions Cost: \$76 / \$62 conc

### Advanced Computing and Digital Media Code: AD22030

with Nigel Dobson  
Build your confidence exploring more advanced aspects of modern computing and digital media. Learn how phones and other devices interact with each other via the cloud, explore safe navigation of social media platforms, and take advantage of the vast world of free apps. Deepen your understanding of Microsoft Word, Excel, PowerPoint and other Office tools.  
Duration: 10 sessions Cost: \$76 / \$62 conc  
AM Class  
Date: Fri 24th Apr Time: 9:30 am - 12:30 pm  
PM Class  
Date: Fri 24th Apr Time: 1:00 pm - 4:00 pm

### iPads and Tablets Code: IP22033

with Thom Baselier  
Have you recently purchased or upgraded your device and find yourself a bit overwhelmed? This class is for you. Learn how to manage your settings, send emails, download apps, music, movies and books, take and edit photos, video and more. Suitable for beginners and those who want to explore all that their device can do.  
Date: Thur 30th Apr Time: 1:00 pm - 4:00 pm  
Duration: 9 weekly sessions Cost: \$69 / \$57 conc

### Introduction to Bitcoin Code: IB22001

with Nigel Dobson  
Bitcoin, cryptocurrencies, blockchain, ICOs. What do these terms even mean? There is tremendous interest in the cryptocurrency space right now and equal parts confusion, uncertainty and doubt. The natural response to these foreign concepts is usually skepticism and rejection, but beneath the jargon lies a powerful new technology revamping our financial system.  
Date: Tues 19th May Time: 10:00 am - 12:00 pm  
Duration: 6 weekly sessions Cost: \$118/\$103 conc

### Can't find what you're looking for?

Looking for something specific but don't see it? Let us know and we'll see what we can do.  
Send your suggestions to:  
[contactus@hllc.org.au](mailto:contactus@hllc.org.au)

## Employment Skills

### Kickstart Your Career in Hospitality Code: HB22041

with Peter Moncrieff  
The tourism and hospitality industries are both significant employers in the Yarra Valley. This course will provide you with the hands-on skills you need to work as a bartender. Learn about operating a bar (right down to changing a keg), stock take and rotation, money handling, customer service, table setting, occupational health and safety and more. You will learn about where and how to find suitable jobs and meet local employers.  
The training will be delivered in the class room and in local venues. All materials included.  
Date: Wed 6th May Time: 9:30 am - 12:30 pm  
Duration: 8 weekly sessions Cost: \$53 / \$42 conc

### HLLC is a Learn Local provider Code: AD220031

Learn Local providers are independent community-based organisations. They are all not-for-profit businesses that are established to meet the needs of their local communities. The Victorian Government, through the Adult Community and Further Education (ACFE) Board, funds a network of Learn Local providers across the state. The Learn Local symbol denotes a course is funded by ACFE.

## We Need You Trainers and Tutors

We are always looking for exciting new courses and tutors to add to our program at HLLC. Call us today to discuss how you can become part of the team.  
Visit us at: [hllc.org.au/employment](http://hllc.org.au/employment)

## Advertise With Us

Attention Local Business Owners  
Be seen in your local community  
**\$300 per year or \$100 per term**  
For further information,  
visit: [hllc.org.au/advertise](http://hllc.org.au/advertise)

## Enrol Online

You can now register to enrol  
in a program online at HLLC.  
Visit us at [hllc.org.au/enrol](http://hllc.org.au/enrol)  
to find out how.